

## 2016 Kickapoo Reserve Tromp & Chomp Registration

The Tromp & Chomp offers 8-mile and half marathon trail run courses, all within the scenic 8,569 acres of the Kickapoo Valley Reserve. Racers will receive a race shirt and a post-race meal of local seasonal foods. Proceeds from this event benefit the Kickapoo Valley Reserve Education and Events Program.

### Registration Information

Race Distance: ☐ 8-Mile ☐ Half Marathon

Gender: ☐ Male ☐ Female

Date of Birth: \_\_\_\_\_

Race Shirt Size:

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> Unisex S   | <input type="checkbox"/> Women's Fit S (runs small)  |
| <input type="checkbox"/> Unisex M   | <input type="checkbox"/> Women's Fit M (runs small)  |
| <input type="checkbox"/> Unisex L   | <input type="checkbox"/> Women's Fit L (runs small)  |
| <input type="checkbox"/> Unisex XL  | <input type="checkbox"/> Women's Fit XL (runs small) |
| <input type="checkbox"/> Unisex XXL |  |

Meal Preference ☐ Meat ☐ Vegetarian

### Participant Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_



### Registration Fee

#### 8 Mile Course

\$35 through March 31

\$40 through April 30

\$45 through May 21

#### Half Marathon Course

\$45 through March 31

\$50 through April 30

\$55 through May 21

Registration Fee = \$ \_\_\_\_\_

Camping Fee = \$ \_\_\_\_\_ (\$5/person/night)

Optional Donation = \$ \_\_\_\_\_ (to the KVR Education Program)

Total = \$ \_\_\_\_\_ (Please make checks payable to KVR Friends, S3661  
State Hwy 131, La Farge, WI 54639)

Proceeds from this event benefit the Kickapoo Valley Reserve Education and Events Program.

## 2016 Kickapoo Reserve Tromp & Chomp Event Waiver and Release of Liability

I want to participate in the Kickapoo Reserve Tromp & Chomp on May 21, 2016. I realize that my participation in this event entails the risk of injury or even death. I further understand that it would be prohibitively expensive for the race organizers to carry insurance to cover all that might happen in this event, and that if I insisted that all the risks to me be covered, the race would have to be cancelled. I want the race to go on, and therefore sign this waiver to induce the organizers to stage the Kickapoo Reserve Tromp & Chomp.

**Race conditions:** I realize that the course for the Kickapoo Reserve Tromp & Chomp presents a number of potential dangers to me and I hereby assume the risk arising from all of them. I realize that I will be running on a variety of surfaces, some of them far less than perfect, including but not limited to roads, unimproved trails, mud, swamps, and lumpy fields. The roads are open to motor vehicle traffic that has the right of way. I know that broken bones, reactions to poison ivy and other plants, insect bites and bruising are common occurrences in this challenging event and that at times I will be far into the wilderness away from medical support. I realize that the danger of injury and even death exists as well and I hereby assume all the risks that may be present on the Kickapoo Reserve Tromp & Chomp course.

**My physical condition:** I realize the Kickapoo Reserve Tromp & Chomp is a strenuous athletic event. I certify that I have no physical or medical condition which would interfere with my participation in the Kickapoo Reserve Tromp & Chomp and that I have trained adequately for this race.

**My duty during the race:** I realize that I have the sole and ultimate responsibility for my own safety during the Kickapoo Reserve Tromp & Chomp and that if I see a situation/condition which presents risk of injury to me, I will avoid the situation/condition or immediately withdraw from the race.

**Waiver of liability:** I hereby waive for myself, my heirs, executors, and all other successors of interest any and all rights and claims which I may now have or hereafter accrue against the organizers and sponsors of this event, against all other entities and people who may issue permits for or help with this event, and against all property owners of land which the Kickapoo Reserve Tromp & Chomp course may pass. I make this waiver for all the rights and claims that have been specifically referred above, and for all others which might not be specifically named.

**Binding Contract:** I agree and intend that the above recitations are contractually binding and if I or my successors assert a claim in contravention of this agreement, I or my successors shall be liable for the expenses (including all legal fees) incurred by the other party in defending. I further agree that this contract can be modified only in writing.

**Under 18:** As a parent or guardian of the above named minor, I hereby certify that I have read all the above document, that I give my permission for my child or ward to participate in the Kickapoo Reserve Tromp & Chomp and that I agree on behalf of myself and my child/ward to the terms of this document.

**Dropping Out/DNF:** I understand that if I do not finish the race I am required to report my bib# to a race official at the finish line or an aid station.

**Course Markings:** Kickapoo Reserve Tromp & Chomp comprises two courses being used concurrently in the Kickapoo Valley Reserve and environs. It is each individual racer's responsibility to understand how the course is marked and to follow the correct course. Failure to follow the correct course will result in disqualification.

### SIGNATURE

RACER NAME: \_\_\_\_\_ Date: \_\_\_\_\_

SIGNATURE (ADULT 18 YRS +): \_\_\_\_\_ Date: \_\_\_\_\_